

TO: MBI School Teams

FROM: Susan Bailey-Anderson  
MBI Coordinator

RE: MBI Youth Days

DATE: September 2013

Greetings! Effective school change requires wide stakeholder participation. As we have seen with the Million Voice Survey, *"When students have high aspirations, they have the ability to dream about the future, while being inspired in the present to reach those dreams."* The theme for the 2013 Youth Days is **"FUEL UP FOR LEADERSHIP."** Youth Days has positively impacted schools across Montana. This year, we will again incorporate "8 Conditions" that need to be in place if students are to strive for and fulfill their academic, personal and social promise.

An invitation is extended to you and your middle school and high school students to participate with the MBI Leadership Youth Days for 2013. On Sunday, we will begin at 2:00 p.m. and conclude by 8:00 p.m. On Monday, we will begin at 8:00 a.m. and conclude by 2:30 p.m. A meal will be served on Sunday evening, as well as a morning snack and lunch on Monday. Your school will be reimbursed for travel, lodging (if you should need it) and per diem at the current state rates. Following are the dates and locations:

Great Falls - October 6-7  
Missoula - October 13-14  
Bozeman - November 3-4  
Sidney - November 17-18  
Billings - December 1-2

The 2013 Youth Days is honored to present Justin Boudreau and "Fuel Up to Play 60." Please see information below.

**JUSTIN BOUDREAU** [www.leadwithjustin.com](http://www.leadwithjustin.com)

Justin Boudreau also known by students as the "Dude Who Changed My Life" is ready to take your event to the next level. A former high school teacher, coach of the year, world traveler, author, and musician, Justin brings his insightful "There YOU Are" vision and his expertise in HUM-ERGY (Humor & Energy) to his mission of empowering student to be their best.

Justin exudes a realness that students can't question. On stage, his heart (not his ego) will inspire your leaders to worry less about being cool and more about leading. Justin's words will resonate with the entire audience and motivate students to start accepting themselves and understanding others.

Justin is the Found & Executive Director of Gear UP for Excellence, offering high quality/affordable cost leadership retreats and summer institutes to non-profit organizations and student associations across the country. Justin is the co-author of the book for teens “Gearing Up: Inside & out for a great life.” In 2002, he completed a one year speaking apprenticeship with world-renowned speaker Patrick Combs, for which he was personally selected from hundreds and was told “you’re hired.”

#### **FUEL UP** [www.fueluptoplay60](http://www.fueluptoplay60)

**Fuel Up to Play 60** is a program founded by the National Dairy Council and NFL, in collaboration with USDA, that empowers students to take charge in making small, everyday changes at school. Students can win cool prizes, like an NFL player visit or Super Bowl tickets, for choosing good-for-you foods and getting active for at least 60 minutes every day. We want kids to make a difference not only in their lives, but also in their community.

**“Whether you’re a student, supporter or educator, simply choose your path to get involved and get going.”**

#### **JOE MORIARITY, DENIELLE MILLER AND PEGGY PERRY**

These MBI Consultants are “teaming up” to facilitate and lead the activities for Youth Days. All have worked in our Montana Schools. They will bring a wealth of information, organization, humor, and energy to the Youth Days 2013!

#### **GENERAL INFORMATION**

Youth Days will once again feature **Service Projects** on Monday morning. Please come prepared to work. Please be advised that some service sites may be outside, so please be prepared to dress for the weather.

We would appreciate your school bringing **Door Prizes** that will be given away throughout the Youth Day Event. We appreciate your help with this. Everyone loves to win something.

We are also encouraging Youth Days participants to gather non-perishable food items that will be donated to local food banks when the teams visit and volunteer. This activity builds community and helps others in need.

#### **POSTER PRESENTATION (optional)**

For this 2013 Youth Days, we extend an invitation to you to put together a poster, presentation, video presentation, etc., to share with the entire group regarding what your school has been doing the past year, and any activities or events you would like to share. This is optional, but it would be very exciting for all to see!

#### **SPECIAL INVITATION**

**Since Youth Days is focused on exercise with Fuel up to Play 60, we would like to extend a special invitation to your Health Enhancement teacher to participate with your team.**

## **REGISTRATION**

Please plan to attend this event and bring 10-12 participants. This includes both students and staff. In selecting students, please include a broad spectrum of your student population, including student leaders and future student leaders. A cross section of your student population would be ideal in promoting diverse ideas and thoughts. Please complete the Registration/RSVP form indicating the number and names of both students and staff who will be attending. This is important to adequately plan for meals and/or other activities.

**Please return the following forms to Susan Bailey-Anderson, PO Box 202501, Helena, MT 59620-2501; Fax [406-444-3924](tel:406-444-3924). The forms are available at the following link:**

<http://www.opi.mt.gov/pdf/MBI/13MBIYouthDaysReg.pdf>

- ✓ **RSVP/REGISTRATION FORM**
- ✓ **RELEASE FORM**—This is particularly important so that we may use the students' pictures and possible videos we may film during this time.

**When the RSVP/Registration Form is received at the OPI, you will receive a confirmation letter with detailed information regarding sites and lodging.**

**For questions, please call me at [\(406\) 444-2046](tel:406-444-2046) or e-mail [sbanderson@mt.gov](mailto:sbanderson@mt.gov).**

## **CHECKLIST FOR ITEMS TO BRING TO YOUTH DAYS**

- **Students**
- **Prizes**
- **Non-perishable food items**
- **Enthusiasm and Positive Energy**